Food Services Director: Jennifer Wilinsky wilinskyj@readingsd.org
Please check the District Website, Food Services Tab to learn more.

Sign Up for Schoolcafe.com to Look up nutritionals & make payments. Set up an account to receive low balance alerts.



Reading School District High School Lunch Menu February 2024



Meal Prices
Adult Breakfast Meal - \$2.95 Adult Lunch Meal - \$5.00

Daily Alternates	Monday	Tuesday	Wednesday	Thursday	Friday
Alternate Entrees of the week				1-Feb	2-Feb
Monday - Mickey's Cheese Pizza, Bean & Cheese Burrito, Italian Hoagie, Chef Salad Tuesday- Pepperoni Pizza, Hamburger, Ham & Cheese Sandwich, Crispy Chicken Salad				Burger Bar: Hamburger w/ or w/o Cheese or Veggie Patty on Bun	Chicken Alfredo Pasta w/ Texas Toast
Wednesday- Buffalo Chicken Pizza, Chicken Patty Sandwich, Turkey & Cheese Wrap, Cobb Salad Thursday- Meat Lover's Pizza, Egg, Turkey				Smile Fries Baked Beans Pears/Fresh Fruit	Steamed Broccoli Salad Greens w/Dressing Fruit Cocktail Fresh Fruit
Bacon & Cheese on Croissant, Taco Salad	5-Feb	6-Feb	7-Feb	8-Feb	9-Feb
Friday- 4 Cheese Pizza, Grilled Chicken Sandwich, Tuna Salad Sandwich, Grilled	Popcorn Chicken Bowl w/	Beef Hot Dog w/Toppings on	Mac & Cheese w/ Breadstick	Chicken Tinga over Tortilla Chips	Stromboli w/Sauce
Chicken Salad ** Alternate Entree option will be served with fruit and vegetable of the day.**** Offered Daily:	Cornbread Mashed Potatoes Corn Apples Fresh Fruit	Bun Cole Slaw Waffle Fries Peaches Fresh Fruit	Steamed Peas Fresh Veggie Sticks Diced Pears Fresh Fruit	Refried Beans Salad Greens w/ Dressing Plantains Fresh Fruit	Carrot Coins Fresh Veggie Sticks Pineapples Fresh Fruit
PB&J Meals, Yogurt Meals, Salads, and Sandwiches	12-Feb	13-Feb	14-Feb	15-Feb	16-Feb
Fruit & Vegetable Options* Carrots Apples Cucumbers Bananas Broccoli Peaches Cauliflower Pears	Chicken Tender Wrap: Reg. or Spicy w/Lettuce & Tomato Sugar Snap Peas Carrot Sticks Peaches/Fresh Fruit	Mardi Gras! Nachos Grande w/ Turkey Taco & Queso w/ Chips Lettuce & Tomato/ Salsa Cup Ranchero Pinto Beans Pineapples/Fresh Fruit King Cake: Cinnamon Roll	Lasagna w/ Garlic Knot Steamed Broccoli Salad Greens w/ Dressing Fruit Cocktail Fresh Fruit	Asian Bowl: General Tso or Teriyaki Chicken w/Stir Fried Rice Oriental Blend Vegetables Fresh Veggie Sticks Mandarin Oranges/Fresh Fruit Fortune Cookie	No School
Celery Grapes Strawberries	19-Feb	20-Feb	21-Feb	22-Feb	23-Feb
** Fruit & Vegetable Provided Depend On Availability	Southern Crispy Chicken Drumstick & Wings w/ Biscuit	Chicken or Beef Tamales	Hot Honey Beef Loaded Totchos w/ Roll	Meatball Sub or Dragon's Breath Sub (Jalapeno Chicken Meatballs)	Pork Carnitas or BBQ Pulled Turkey on Flatbread
1% and Skim White Skim Chocolate	Baked Beans Sweet Potato Fries Peaches Fresh Fruit	Cilantro Lime Brown Rice Roasted Black Beans & Corn Tropical Mixed Fruit Fresh Fruit	Salad Greens w/ Dressing Fruit Cocktail Fresh Fruit WG Cookie	Sidewinder Fries Fresh Veggie Sticks Pears/Fresh Fruit	Sweet Potatoe Fries Cole Slaw Pineapples Fresh Fruit
(Soy Milk is available for students w/dairy allergies)	26-Feb	27-Feb	28-Feb	e	
HEALTHY	Artisan Chicken Patty Sandwich (Reg. or Spicy) Green Beans Cherry Tomatoes Peaches Fresh Fruit	Brunch for Lunch: French Toast Sticks w/ Turkey Sausage Hash Brown Rounds Carrot & Celery Sticks Craisins Fresh Fruit	Beef & Cheese Burrito Black Beans Pineapples Fresh Fruit/Fresh Veggies WG Churro	Leap Year & Leap Day! Chef's Choice: Hot Ham & Cheese Sandwich w/ Tomato Soup Salad Greens Hummus & Celery Pears/Fresh Fruit Baked Snack Bag	
	* Don't Forget- Take at least ONE fruit or vegetable, And at least Three items in total to be a complete meal! * Don't Forget- Take at least ONE fruit or vegetable, And at least Three items in total to be a complete meal! * Choose ONE Entree: Choose up to TWO Sides of Fruit: Choose up to TWO Veggies: Daily Entree Special Alternate Entree Fruit Cup Assorted Fresh Veggies Fruit Juice (only 1 serving)				